

Hello June! ☺



June 2019

St. Francis Manor

1750 20th Avenue
Vero Beach, FL 32960
SFM is a 501 (C) 3 - Not for Profit, Private Corporation

**Executive Director:
Katie Kowanic**

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Non-Emergency Police:
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stfrancismanor.org

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stfrancismanor



“Affordable, independent apartments for seniors in an attractive, safe & socially supportive environment.”

2019 SFM Volunteer Appreciation Dinner



SFM
volunteers
give a HOOT!



“I’m a father, that’s what matters most. Nothing matters more.”
Gordon Brown

“I think my mom put it best. She said, “Little girls soften their daddy’s hearts.”
Paul Walker

“A good father is one of the most unsung, unpraised, unnoticed, and yet one of the most valuable assets in our society.”
Billy Graham



A Word from Katie -

June is a great month. It's filled with memories of an amazing Dad whom I miss a lot. It's a month of wonderful memories of childhood, vacations, fishing, camping and time with family and friends.

This year is a little bit different. Certainly more difficult as we say farewell to an amazing woman. She has been a mentor, a supporter, an advocate, a teacher and a sounding board. She is kind-hearted, creative, funny, fun, inspirational and most of all, a friend. Linda Scott has devoted more than 17 years to St. Francis Manor, morning, noon and night...oh, and weekends too! She has been the cook, the baker and coffee maker. She has been the Social-ista, event coordinator, grant writer, fundraiser, birthday planner, hurricane cleaner-upper and Executive Director Extraordinaire.

Linda has created a beautiful, affordable place to call home. A place she has been proud to call home, for her mom as well as for herself. She has taken St. Francis Manor from an apartment complex to a development geared around social activities fellowship and friendship. I have learned a lot from her in the time I have been here. Hers are very big shoes to fill.

It is going to be very difficult for me to see her go. Don't get me wrong, I'm happy for her...very happy for her, but at the same time, I will miss my friend very much. We love you Linda Scott. Safe travels!

Katie



June Birthdays

Joan Hughes	F8	6/4
Loretta Buck	E9	6/20
Danny Howell	E8	6/30

Board Members:

Linda Colontrelle	6/8
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Have Ants?

Here's a safe and effective way to get rid of them! Fill a 32 oz container with warm water, add 1/8 cup borax and 1/4 cup sugar and mix well. Drop cotton balls in mixture to absorb the mixture then place out in areas where you have ants. The ants will swarm to it, take it back to the nest and no more ants!



Maintenance Matters

1. The storage hallways are once again filling up with STUFF! In buildings A through H, you have storage lockers for your STUFF. Please be aware that the hallways will be cleaned out so if you have something in your hallway, please remove it or we will remove it for you.
2. Some of our porches are getting more and more cluttered! Please remember that EMT's have to have access to the walkways as well as our residents with scooters and walkers!
3. Summer is coming so please take the time to clean your air conditioners and filters! Dirty filters increase your electric bill & shortens the life of the air conditioner!



The Manor Bulletin Board

BINGO

Bingo will resume in September!

****ATTENTION****

Social activities will slow down for the summer!
There will be NO bingo in June, July & August.

A full social schedule will resume in September.



VNA Blood Pressure Screening and Blood Sugar Screening - Monday - June 10th @ 9:00

(Be sure to fast for the blood sugar)



Catholic Services
Sunday Mornings at 10:00

Rosary Tuesdays at 10:30

Deacon Joe Tuesday-June 18th 10:15

SFM PRAYER GROUP Monday Mornings at 10:00



PLEASE take time to read the hurricane preparedness information included in this newsletter. Hurricane Preparedness Guides are available in the social hall.



Epic Missions



Game Day Wednesday June 5th 1:30 to 3:30

Come to the hall and enjoy playing games with these nice folks!

The Social Hall is closed every Thursday from 1:00 to 3:00 for cleaning.



Vero Beach Rhythm Band and Chorus Friday - June 28th @ 10:00



Bible Study Mondays @ 1:30



Electric Assistance

EOC will return one more time!



Friday - June 14th - 9:00
Bring your I.D. & unpaid bill.

St. Vincent de Paul will begin assisting residents in July!

Dr. Serrano, the podiatrist, will be here on Wednesday - June 19th at 10:00. Please sign up!



Board of Directors

2019

Linda Colontrelle, President
772-473-0288

Tem Fontaine, VP

Theo Perry, Treasurer

Sharon Knowles, Secretary

Maria Elena Kitchell

Gladys LaForge

Susan Simmens

Naomi Kennedy

Gwen Zorc Lamothe

Bill Zorc
Honorary Member

Louis Schacht
Honorary Member

For more information about
the Manor -
Contact. . .
Katie Kowanic
Katie@stfrancismanor.org
772-562-8575



**"Providing affordable,
independent
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on a limited
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SFM Volunteers of the Month: Eileen Barnum,
Dorothy Buckley & Nancy Rehill

These ladies have been volunteering at SFM for
many years and continue to do so each week!

Eileen is in the kitchen each Tuesday serving lunch
as she has done for 17 years!

Dorothy has been visiting SFM residents for ten years as well as leading the craft group
on Tuesdays AND taking charge of bingo twice a month!

Nancy has worked along side of Eileen in the kitchen every Tuesday for
as many years as well as helping with our annual bazaar!

THANK YOU, Ladies for all you do!



AND just like that, it was 50 years ago - Events from 1969-

1. Super Bowl III - New York Jets beat the Baltimore Colts
2. Apollo 11 landed on the moon, July 20, 1969.
3. Woodstock Music Festival - August 1969
4. Major League Baseball legend Mickey Mantle gave his farewell retirement speech at Yankee Stadium.
5. The first automatic teller machine was installed in Rockefeller Center, NYC
6. The New York Mets win the World Series - beating the Baltimore Orioles.



I don't know about you but I now feel OLD!



Saint Francis Manor

1750 20th Avenue
Vero Beach, FL 32960
772 562-8575



June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Catholic Service	3 Prayer Group 10:00 Bible Study 1:30	4 Rosary - 10:30	5 Epic Missiions Game Day 1:30 to 3:30	6 Walmart-9:00 Hall closed for cleaning 1-3	7	8
9 Catholic Service	10 VNA-9:00 Prayer Group 10:00 Epic Missions-1:00 Bible Study 1:30	11 Rosary - 10:30	12	13 Publix-9:00 Hall closed for cleaning 1-3	14 U.S. Flag Day EOC Electric Assistance-9:00	15 
16 Catholic Service 	17 Prayer Group 10:00 Bible Study 1:30	18 Deacon Joe 10:15 Rosary - 10:30	19 Dr. Serrano Podiatrist 10:00	20 Walmart-9:00 Hall closed for cleaning 1-3	21 	22
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