

St. Francis Manor

1750 20th Avenue
Vero Beach, FL 32960
SFM is a 501 (C) 3 - Not for Profit, Private Corporation

Executive Director:

Linda Scott
(772) 913-1545

Office:

(772) 562-8575

Emergency:

911 police, fire & medical

Non-Emergency Police:

978-4600

E-Mail:

stfrancismanor@aol.com

Web Site:

stfrancismanor.org

Facebook:

stfrancismanor



“Affordable, independent apartments for seniors in an attractive, safe & socially supportive environment.”

John’s Island Foundation



Most anywhere you look around St. Francis Manor, you will see the big-heartedness and generosity of the John’s Island Foundation! Our relationship began in 2003 when we received grant monies for a new bus! Since that time, the John’s Island Foundation has supported SFM year after year with grant funds to purchase air conditioners, storm doors, washer/dryers, the boardwalk, storage lockers, a new kitchen, a meeting room, and most recently, monies for the roofs, windows, floors, & cabinets for the new buildings. We owe so much to this philanthropic group of people who have made life at St. Francis Manor so much more enjoyable!



★☆☆★
★ **Presidents' Day** ★

“Associate yourself with men of good quality if you esteem your own reputation; for ‘tis better to be alone than in bad company.”
George Washington

“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”
John Quincy Adams

“It is easier to do a job right than to explain why you didn’t.”
Martin Van Buren

A Line from Linda C.

Dear St. Francis Manor Residents,

Hoping 2019 is filled with lots of good health, happiness and laughter! Exciting things are always happening at The Manor, especially for our residents. It is with great pleasure to formally announce our administrative changes in the front office. Effective January 23rd, Linda Scott will be taking on a part-time position as Social Director/Property Manager. After many years of employment as our "fearless leader," Linda is transitioning into a semi-retirement state of mind. I know you will all congratulate and thank her as do the Board of Directors for her selfless service to this great community. We are blessed to announce that Katie Kowanic, whom all of you know and love, will be our new Executive Director. Please congratulate and cooperate with our new Administrators as they give 150% each and every day, making St. Francis Manor the exemplary community you call home!

Please know we are always looking for volunteers to help out with the many things The Manor offers. This is your home, and we need your help. Please speak to Katie or Linda if you have an extra hour or two to give.

Thanks and looking forward to great things happening at The Manor.

Love,

Linda Colontrelle, President
SFM Board of Directors



Left: Linda Scott, SFM Property Manager & Social Director



Above, Katie Kowanic,
SFM Executive Director

February Birthdays:

Brian Green	B3	Feb 2nd
Mary Grace Civielli	A1	Feb 5th
Bryan Head	G12	Feb 11th
Kevin Blank	F1	Feb 12th
Carol Ann Rusch	B12	Feb 13th
Patricia Gay	D6	Feb 14th
Ananda Devi	E4	Feb 22nd
Jeannette Verna	E11	Feb 27th
Betty Hedrick	A4	Feb 28th
Francisco Diaz	A10	Feb 28th



Friendly Reminders:

1. **CLEAN** your air conditioner filter!
2. **DO NOT FEED THE BIRDS BREAD!**
3. Fees for copies are \$.10 for black & white and \$.25 for color.
4. SMILE!



Annual Apartment Inspections

will begin on February 6th at 1:30



Buildings

I & J	Wednesday	2/6
H & E	Thursday	2/7
F & A	Wednesday	2/13
B & C	Thursday	2/14
D & G	Wednesday	2/20

Please be advised - residents who do not meet SFM standards will be placed on notice. (see insert)

The Manor Bulletin Board

BINGO

BINGO

Mondays
Feb. 11th & 25th

Dinner @ 5:30

Bingo @ 6:30

West Virginia
Gospel Band
is returning on
Tues-Feb 12th
at 6:00 - a
SFM
favorite
for many years!



Come join the fun!

VNA Blood
Pressure Screening and
Blood Sugar Screening -
Monday - Feb. 11th
@ 9:00

(Be sure to fast for
the blood sugar)
screening!)



Vero Beach Rhythm
Band and Chorus

Friday -
Feb. 22nd at
10:00



**Catholic
Services**
Sunday
Mornings
at 10:00

Rosary
Tuesday at 10:30

Deacon Joe
Tuesday-Feb. 19th
10:15

SFM PRAYER GROUP

Monday
Mornings at
10:00 in the
conference room.



Super Bowl
Party -
Sunday
Feb. 3rd @
5:30



Bring a snack or appetizer
to share!

Drinks will be provided.

Holy Cross
Youth Group

Wednesday-
Feb. 20th 6:45
Desserts, Drinks, & Delight



President's
Day
Lunch
Monday-Feb. 18th
11:00

Come join us for a
light lunch & trivia to
honor our
Presidents!

Nurse-on-Call &
Encompass
Wednesday -
Feb. 20th @ 10:00

TRIVIA

CHALLENGE

Grocery Give Away
Friday - Feb. 1st - 10:00

It's time to clean out the
pantry & freezers!

Please bring your own
bags!



Bible Study
Mondays
@ 1:30



Board of Directors

2019

Linda Colontrelle, President
772-473-0288

Tem Fontaine, VP
772-538-4324

Theo Perry, Treasurer
772-643-2598

Sharon Knowles, Secretary
772-360-5076

Maria Elena Kitchell
772-205-0938

Gladys LaForge
772-713-4280

Susan Simmens
772-532-6338

Larry Thompson
772-567-4266

Bill Zorc
Honorary Member
772-713-0607

Louis Schacht
Honorary Member
772-559-3978

For more information about

the Manor -

Contact. . .

Linda W. Scott

Stfrancismanor@aol.com

772-562-8575



**"Providing affordable,
independent
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on a limited
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Volunteer of the Month - Betty Hedrick - A4

Betty has been volunteering at SFM for several years; mainly as our bi-monthly Bingo dinner organizer and our SFM Welcome Wagon Lady, delivering welcome baskets to new residents.

Due to health issues, Betty is having to take a break from volunteering as the Bingo dinner organizer but we want to THANK Betty for all she does for SFM!



ON THE ISSUE OF AGING:

"Age is an issue of mind over matter. If you don't mind, it doesn't matter."

Mark Twain

"When grace is joined with wrinkles, it is adorable. There is an unspeakable dawn in happy old age."

Victor Hugo

"It takes a long time to become young."

Pablo Picasso



There is now a suggestion/comment box in the social hall.

If you have an idea, suggestion, compliment or concern, please feel free to put it in the box.

The board of directors will review them at the monthly board meetings.



Saint Francis Manor

1750 20th Avenue

Vero Beach, FL 32960

772 562-8575



February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Grocery Give Away Day - 10:00 	2 GROUND HOG DAY 
3 Catholic Service-10:00 Super Bowl Party - 5:30 	4 Prayer Group 10:00 Bible Study 1:30	5 Rosary-10:30 	6  I & J Apartment Inspections-1:30	7 Publix-9:00 Hall Closed-1-3 H & E apartment inspections-1:30	8	9
10 Catholic Service-10:00	11 VNA-9:00 Prayer Group 10:00 Bible Study 1:30 Dinner-5:30 Bingo-6:30	12 Rosary-10:30 West Virginia Gospel Band 6:00	13  F & A apartment inspections-1:30	14  Walmart-9:00 Hall Closed-1:3 B & C apartment inspections-1:30	15	16
17 Catholic Service-10:00	18 Prayer Group 10:00 President's Day Lunch-11:00 Bible Study-1:30	19 Rosary-10:30 Deacon Joe-10:00	20 Bingo/Trivia 10:00 D & G apartment inspections-1:30 Holy Cross Youth Social - 6:45 	21 Publix-9:00 Hall Closed 1-3	22 Vero Beach Rhythm Band & Chorus-10:00	23
24 Catholic Service-10:00	25 Prayer Group 10:00 Bible Study 1:30 Dinner-5:30 Bingo-6:30	26 Rosary-10:30	27	28 Walmart-9:00 Hall Closed 1-3		SOCIAL ACTIVITIES in red