

**HAPPY  
NEW  
YEAR**

Jan 2019

**St. Francis Manor**  
1750 20<sup>th</sup> Avenue  
Vero Beach, FL 32960  
SFM is a 501 (C) 3 - Not for  
Profit, Private Corporation

**Executive Director:**

Linda Scott  
(772) 913-1545

**Office:**

(772) 562-8575

**Emergency:**

911 police, fire & medical

**Non-Emergency Police:**

978-4600

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stfrancismanor@aol.com

**Web Site:**

stfrancismanor.org

**Facebook:**

stfrancismanor



We all get the exact  
same 365 days.

The only difference is  
what we do with them."

*Hillary DePiano*

"Tomorrow is the first  
blank page of a 365 page  
book. Write a good one."

*Brad Paisley*



*St. Francis Manor*  
of Vero Beach

"Affordable, independent  
apartments for seniors  
in an attractive,  
safe & socially  
supportive  
environment."

**Christmas 2018**



## A Line from Linda!

### Greetings and Happy New Year!

Wasn't it a lovely holiday season? Every year I am in awe of the generosity and kindness which is bestowed upon you, our residents! We are truly blessed at SFM and so very grateful to these groups for sharing the Christmas Joy!



Heartfelt thanks to all of these organizations who help to make the holidays special:

- ◇ Holy Cross Catholic Church
- ◇ St. Helen's Catholic School
- ◇ Beta Sigma Phi Sorority
- ◇ Treasure Coast Food Bank
- ◇ Dean and Nancy Chaney
- ◇ Women of St. Augustine
- ◇ Canterbury Episcopal Church



Wishing you all a happy and healthy 2019!

*Linda*

## January Birthdays

Arylne Brozowski	E5	1/8
Elyne Strauss	B4	1/15
Janet Jacobsen	C10	1/16
Connie Callahan	A6	1/23
Jackie Warrior	B5	1/23
Rick Allen	H9	1/23
Barbara Delcogiano	J3	1/25
Carl Regner	E10	1/29
Dewey Davis	F12	1/30
Eileen Barnum	E3	1/30
Board Members:		
Betty Rollins		1/13
Louis Schacht		1/31



## Friendly Reminders



- ◆ If you did not attend the Holy Cross Christmas party, please come to the office and pick up your gift.
- ◆ Address labels, for all the wonderful organizations who contributed to making your holiday special, are posted on the bulletin board in the social hall. Please take a few minutes to thank these giving & generous folks!
- ◆ The social hall will be closed Friday, January 11th to have the floor cleaned. We will open for lunch from 11:15 to 12:00.

## Annual Apartment

Inspections will begin on February 7th. The dates and schedule will be on your February calendar.

For all of our new residents, an annual inspection is performed to insure that everything is working properly in your apartment and that the apartment is being kept up to SFM standards!



# The Manor Bulletin Board

## BINGO

BINGO

Mondays

Jan. 14th & 28th

Dinner @ 5:30

Bingo @ 6:30

December & January

Birthday Dinner

Wednesday - Jan. 9th

5:30



VNA Blood Pressure Screening and Blood Sugar Screening - Monday - Jan. 14th @ 9:00

(Be sure to fast for the blood sugar screening!)

Praying the Rosary Tuesdays @ 10:30



SFM PRAYER GROUP

Monday Mornings at 10:00 in the conference room.



Vero Beach Rhythm Band and Chorus

Friday - January 25th at 10:00



Bible Study Mondays @ 1:30



January is National Soup Month

Monday - January 21st @ 11:00

Come join us for a bowl of hot, homemade soup!



**SCAMS**

**TARGET YOU**  
PROTECT YOURSELF

**\*\*BEWARE\*\***

Scammers are very active this time of year! DO NOT open your door for a person impersonating as a home health worker or a nurse! She is looking for drugs! It has been reported to the police and they have already had quite a few reports! Also, beware of telephone scams!



Deacon Joe Tuesday Jan. 15th 10:15



HAPPY NEW YEAR



Catholic Services Sunday Mornings at 10:00

Nurse-on-Call & Encompass Wednesday - Jan. 16th @ 10:00

Come join us for some trivia fun!



"GROWING HEALTHY ADULTS"

with Nancy Heinrich

Saturday-Jan. 19th-10:00

Class open to 12 people, so sign up early!



## Board of Directors

2019

Linda Colontrelle, President  
772-473-0288

Tem Fontaine, VP  
772-538-4324

Theo Perry, Treasurer  
772-643-2598

Sharon Knowles, Secretary  
772-360-5076

Maria Elena Kitchell  
772-205-0938

Gladys LaForge  
772-713-4280

Susan Simmens  
772-532-6338

Larry Thompson  
772-567-4266

Bill Zorc  
Honorary Member  
772-713-0607

Louis Schacht  
Honorary Member  
772-559-3978

For more information about

the Manor -

**Contact...**

Linda W. Scott

Stfrancismanor@aol.com

772-562-8575



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## Volunteers of the Month - Holy Cross Parishioners

For 17+ years, the wonderful folks at Holy Cross Catholic Church have been providing four socials a year - the Youth Group in February, Easter Dinner and gifts in the Spring, Oktoberfest or Halloween in the Fall and the biggest event of the year is the Christmas party in December at which every resident at SFM receives a gift and delicious dinner! We cannot thank Father Murphy and these fabulous folks enough for all they do for SFM! God Bless You All!



*Thankful  
grateful  
blessed*



## Saint Francis Manor

1750 20th Avenue  
Vero Beach, FL 32960  
772 562-8575



# January 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2	3 Walmart-9:00  Hall Closed 1 to 3	4	5
6 Catholic Service 10:00	7 Prayer Group 10:00  Bible Study 1:30	8 Rosary-10:30	9 Dec & Jan Birthday Dinner - 5:30  	10 Publix-9:00  Hall Closed 1 to 3	11 Social Hall Closed for Floor cleaning Open for lunch @ 11:15 til noon	12
13 Catholic Service 10:00	14 Prayer Group-10:00 VNA-11:00 Bible Study 1:30 Dinner-5:30 Bingo-6:30	15 Rosary-10:30	16 Bingo/Trivia 10:00  	17 Walmart-9:00  Hall Closed 1 to 3	18	19 "Growing Healthy Adults" Healthy Cooking Class 10:00
20 Catholic Service 10:00	21 National  Soup Month- 11:00 Prayer Group 10:00 Bible Study 1:30	22 Deacon Joe- 10:00 Rosary-10:30	23	24 Publix-9:00  Hall Closed 1 to 3	25 Vero Beach Rhythm & Chorus 10:00	26
27 Catholic Service 10:00	28 Prayer Group-10:00 VNA-11:00 Bible Study 1:30 Dinner-5:30 Bingo-6:30	29 Rosary-10:30	30	31 Walmart-9:00  Hall Closed 1 to 3		