



April 2018

**St. Francis Manor**

1750 20<sup>th</sup> Avenue  
Vero Beach, FL 32960  
SFM is a 501 (C) 3 - Not for Profit, Private Corporation

**Executive Director:**

Linda Scott  
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**Emergency:**

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**Non-Emergency Police:**

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stfrancismanor@aol.com

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stfrancismanor.org

**Facebook:**

stfrancismanor



"Affordable, independent apartments for seniors in an attractive, safe & social environment."

**In your Easter Bonnet!**



**Another Fabulous Holy Cross Easter Party!**



"The good man is the friend of all living things."  
*Gandhi*



"A nation that destroys its soils destroys itself. Forests are the lungs of our land, purifying the air and giving fresh strength to our people."  
*Franklin D. Roosevelt*

## A Line from Linda

### Greetings!

Welcome Spring! Those words don't mean quite as much to us Floridians as they do northerners! However, most of us have lived in the north at some time in our life and remember how much we anticipated spring time - the forsythias blooming, the daffodils popping up out of the ground and all of the lovely trees coming back to life. Growing up in Florida I had no idea the beauty of spring until I moved to West Virginia in 1980. We arrived the first of February when everything was "dead" and I remember the thrill of watching the beautiful flowering bush outside of the living room window bursting forth with yellow flowers! From that spring on, I always anxiously awaited the first blossoms of the gorgeous forsythias!

I will be heading to the Georgia mountains the first week of April; taking all four grandkids (and sister, Patti) on a road trip to visit my younger sister and brother.

I am so excited and thankful to have the opportunity to once again witness the beauty of God's handiwork.



Blessings,  
*Linda*

**Welcome Spring!**

### Maintenance Matters!

1. BEWARE - it's snake nesting season. We tend to have a lot of black snakes this time of year. PLEASE do not harm them! They keep away other critters such as rats and mice!
2. Check your air conditioner filters before hot weather arrives!
3. ALL cardboard should be put INSIDE the recycling container, not beside it.



## April Birthdays

Susan Sharp	G11	April 12th
Patrick Kilmartin	C8	April 17th
Graham Rice	G3	April 18th
Dallas Sumpter	D2	April 28th

### Board Members:

Bill Zorc	April 8th
Maria Elena Kitchell	April 21st



## Get Your Tickets!



### SFM ANNUAL FUNDRAISER

All American Country  
BBQ Bash  
Saturday - April 28th  
5:00 to 8:00 p.m.

Tickets - \$25 (adults)

**SFM Residents -\$10**

**Great Food,  
Great Fellowship,  
Great Fun!**





# The Manor Bulletin Board

April Dinner Out  
Sunday-April 8th  
4:00



Deacon Joe  
Tuesday  
April 17th  
10:30



SPRING FLING

Republican Women of  
Indian River County will  
be hosting their annual



SPRING FLING

Saturday - March 21st - 12 Noon

Praying the  
Rosary  
Tuesdays @  
10:30



Catholic  
Services  
Sunday  
Mornings  
at 10:15

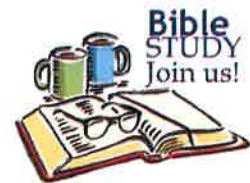


BINGO

Mondays - April 9th & 23rd  
Dinner - 5:30  
Bingo - 6:30

Due to the popularity of our bingo  
dinners, we now have a sign up  
sheet for bingo dinners - please be  
sure to sign up!

Bible Study - Mondays  
1:30



Epic Missions Group  
Monday-April 9th  
1:30 to 3:30



Come join us for a  
sing-a-long and an  
ice cream  
social.

Vero Beach Rhythm  
Band & Chorus  
Friday - April 20th -  
10:00



The Donna and Betty Show  
Wednesday - April 18th  
@ 10:00  
Come join us for some  
trivia fun!



Do YOU  
Recycle?

VNA Blood  
Pressure  
Screening  
Monday - April 9th  
@ 11:00



WANT TO KICK THE  
HABIT?

Join us for a  
smoking cessation  
class on Wednesday, April 11th  
at 9:00 in the SFM Conference  
Room.

GET YOUR VOTER  
INFORMATION UPDATED!



Wednesday - Apr 25th - 10:00  
Daisy Zamora, Vote-by-Mail  
Coordinator, will be here to assist  
residents in updating their voter  
registration information and  
to sign up for vote by  
mail ballots.



## Board of Directors 2018

Linda Colontrelle, President  
772-473-0288

Tem Fontaine, VP  
772-538-4324

Theo Perry, Treasurer  
772-643-2598

Sharon Knowles, Secretary  
772-360-5076

Anthony Dzielski  
772-766-0415

Maria Elena Kitchell  
772-205-0938

Gladys LaForge  
772-713-4280

Betty Rollins  
772-562-7578

Susan Simmens  
772-532-6338

Larry Thompson  
772-567-4266

Bill Zorc  
Honorary Member  
772-713-0607

Louis Schacht  
Honorary Member  
772-559-3978

For more information about  
the Manor -

**Contact. . .**

Linda W. Scott

[Stfrancismanor@aol.com](mailto:Stfrancismanor@aol.com)

772-562-8575



***"Providing affordable,  
independent  
living to senior citizens  
on a limited  
income in an  
attractive, safe, and  
socially supportive  
environment."***

## Volunteer of the Month - Louis Schacht!

For over 15 years, we have been blessed to have Louis, as a very active, involved part of SFM! In 2002, as a young man just out of college, Louis was approached by past Board President, Darby Gibbons, to be a member of the SFM board and Louis has been a vital part ever since. As a board member, Louis served as treasurer, president and most recently was co-chair of the capital campaign which was responsible for raising the funds for the new buildings! What many of the SFM residents don't know is that for a few years, Louis was even the SFM bus driver! AND thanks to Louis, we have fresh oranges and grapefruit throughout the citrus season! **THANK YOU, Louis!**



As many of you already know, we lost two of our residents on Thursday, March 15th. The unexpected deaths of Laura and Paul Castle will impact different people in different ways. Dealing with sadness, shock, anger or depression that can accompany loss is difficult! Understanding the process of grief can help us deal with issues of life and loss. If you would like to discuss your feelings in the safety and support of a small group, please join us on Monday, April 16th at 10:00 in the SFM Conference Room. A facilitator will be available to lead the discussion. This is not an ongoing group. For those who need more than this group can provide, attempts will be made to connect you to other resources.

## **Saint Francis Manor**

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772 562-8575



# April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 Bible Study 1:30	3 Rosary-10:30 Crafts-1:00	4 Epic Missions 1:30 to 3:00 Visitations	5 Publix - 9:00 Hall Closed for Cleaning 1—3	6	7
8 Catholic Service 10:15  Dinner Out-4:00 Olive Garden	9 VNA-11:00 Bible Study 1:30 Epic Missions Sing-A-Long & Ice Cream Social - 1:30 Dinner-5:30 Bingo-6:30	10 Rosary-10:30 Crafts-1:00	11 Quit Smoking Workshop 9:00  March & April Birthday Dinner 5:30	12 Walmart - 9:00 Hall Closed for Cleaning 1—3	13 	14
15 Catholic Service 10:15	16 TAX DAY! Grief Group- 10:00  Bible Study 1:30	17 Rosary-10:30 Crafts-1:00	18 The Donna & Betty Show 10:00 Bingo or Trivia 	19 Publix - 9:00 Hall Closed for Cleaning 1—3	20 VB Rhythm Band & Chorus 10:00	21 Republican Women of IRC Spring Fling- 12 Noon 
22 Catholic Service 10:15 	23 Bible Study 1:30  Dinner-5:30 Bingo-6:30	24 Rosary-10:30 Crafts-1:00	25 Update Voting Information & Vote-by-Mail Program 10:00 	26 Walmart - 9:00 Hall Closed for Cleaning 1—3	27	28 SFM BBQ BASH 5 to 8 p.m. 
29 Catholic Service 10:15	30 Bible Study 1:30			A few tips in helping our earth: 1. RECYCLE 2. USE LESS PLASTIC!	3. SHOP WITH RE- USABLE BAGS! 4. NO SYRO- FOAM!	