

January 2016



**St. Francis Manor**  
1750 20<sup>th</sup> Avenue  
Vero Beach, FL 32960  
For 39 years - a 501 (C) 3 -  
Not for Profit, Private  
Corporation  
**Executive Director:**

Linda Scott  
(772) 913-1545

**Office:**  
(772) 562-8575

**Emergency:**  
911 police, fire & medical  
**Non-Emergency Police:**  
978-4600

**E-Mail:**  
stfrancismanor@aol.com  
**Web Site:**  
stfrancismanor.org  
**Facebook:**  
stfrancismanor

### Recipe for a Happy New Year!

- 1 cup of Good Thoughts
- 2 cups of Sacrifice for Others
- 1 cup of Kind Deeds
- 3 cups of Forgiveness
- 4 cups of Prayer & Faith

Mix the first four ingredients thoroughly as you add tears of joy, sorrow, and sympathy for others. Flavor generously with gifts of love and kindly service. Fold in prayers and faith to hold the other ingredients together and give them a firm foundation for the future!




# St. Francis Manor

of Vero Beach

for the  
"NEW"  
Times  
of your life!

Another FABULOUS Holy Cross Christmas Party!



Left - new SFM residents, Buck Smith & Kevin Blanks.



Right - SFM Founder, Frank Zorc with Solidad & Dolores.



Left - Santa, aka, Larry Thompson with his elf, Lauren.



A BIG thank you to our friends at Holy Cross Catholic Church for their generosity!



Right - Linda and David share a funny moment!

Right: The Vero Beach Lion's Club donated a Walmart gift card and candy to each SFM resident!



The Blessings OF  
*Christmas*  
PEACE • HOPE • JOY • LOVE



Left: Members of the Beta Sigma Phi Sorority, along with their children and grandchildren, brought home made goodies for each of our residents. This has become an annual tradition of the BSP Sorority!

## A LINE FROM LINDA

**HAPPY NEW YEAR!**

"We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year's Day."

*Edith Lovejoy Pierce*



As we welcome in a new year, we do get the opportunity to start anew— a clean slate that only YOU can write on! Why not write something superlative for 2016?

"Cheers to a New Year and another chance for us to get it right!"

*Oprah Winfrey*

*Here's to a blessed, healthy, and happy 2016!*

Linda



## January Birthdays -

Roxanne Peterson	E9	Jan 1
Queenie Foster	H2	Jan 7
Lisa Storch	C3	Jan 13
Janet Jacobsen	C10	Jan 16
Antonio Camacho	A10	Jan 23
Rick Allen	H9	Jan 23
Donald McGregor	H10	Jan 23
Connie Callahan	A6	Jan 23
Carl Regner	E10	Jan 29
Eileen Barnum	E3	Jan 30
Dewey Davis	F12	Jan 30
Board Members		
Frank Zorc		Jan 1
Betty Rollins		Jan 13
Louis Schacht		Jan 31



A very warm welcome to our new neighbors:

Betty Thornton A5

Barbara Rust B7

Vickie Arrowsmith H5

We hope you enjoy your new home!



Maintenance Matters:  
Just a few reminders:

1. Please conserve water!
2. Please do not use your front porch for storage!



A note of thanks to everyone for all of the Christmas cards and lovely gifts!



**THANK YOU VERY MUCH**

**Get excited for NEW CLASSES!**

We are looking for ideas for new classes and/or small groups for the multi-purpose room. If you have a suggestion for a class or small group you would like to see offered at SFM, please see Linda!



**PLEASE DO NOT BRING YOUR RECYCLING TO THE SOCIAL HALL!**

There are bins on the north and south end of the property for recycling.  
**THANK YOU!**





# The Manor Bulletin Board



Monthly  
Dinner Out  
Sunday -  
Jan. 10th - 4:00



Red Rooster Café  
in Micco

Epic Missions  
Visitation

Tuesday -  
Jan 12th -  
1:30 to 4:40



A group from Epic  
Missions will be here to  
visit with residents.

Once again, we  
will be offering  
**Computer  
Classes**  
Classes in the new multi-purpose  
room! Beginning January 9th -  
every Saturday at 10:00 a.m.  
Check bulletin board for class  
schedule.



VNA Blood Pressure  
Screening  
Mondays -  
Jan. 11th & 25th  
@ 11:00



Letha, the  
beautician,  
Mondays at  
9:00!

Be sure to sign up!

Catholic Service  
Tuesday - @  
10:30 &  
Communion  
Sunday Evenings  
- 6:15



Dr. Serrano,  
the podiatrist,  
Thursday, Jan. 21st  
@ 9:00.  
Please sign up!



Mondays  
January 11th and 25th  
Dinner at 6:00  
Bingo at 7:00

Bible Study  
MONDAYS  
at 1:30



Everyone Welcome!

Crafts beginning  
Tuesday  
Jan. 5th  
at 1:00



Get your  
groove on in  
2016!  
Exercise  
classes  
Mondays & Fridays at  
10:00 in the social hall.



**TRIVIA**  
Mederi Caretenders &  
Consulate Healthcare  
monthly trivia &  
refreshments -  
Wednesday - Jan. 13th  
@ 10:00



January is National  
Soup Month!  
On Monday,  
January 18th,  
we will be serving homemade  
soups in the social hall at  
11:30.



Ladies Lunch  
Bunch  
Ruby Tuesday's  
Friday -  
Jan. 8th - 12:30



So Good.



On Site Dermatology  
Wed - Jan. 27th - 11:30

## Board of Directors

Anthony Dzielski, President  
772-766-0415

Tem Fontaine, VP  
772-538-4324

Linda Johnson, Treasurer  
772-231-0090

Karolyne Lucero, Secretary  
772-205-9349

Linda Colontrelle  
772-473-0288

Kim Gibson  
772-473-6869

Maria Elena Kitchell  
772-205-0938

Betty Rollins  
772-562-7578

Louis Schacht,  
772-559-3978

Larry Thompson  
772-567-4266

Bill Zorc  
772-713-0607

Founder Emeritus  
Frank Zorc

For more information about  
the Manor -  
**Contact. . .**  
Linda W. Scott  
Stfrancismanor@aol.com  
772-562-8575



***"Providing affordable,  
independent  
living to senior citizens  
on a limited  
income in an  
attractive, safe, and  
socially supportive  
environment."***

## A few more reasons why older is better:

1. Enough time to give blood, forget a grudge, eat words you should never have said to begin with, pray for someone you don't even like and do something kind for someone who'll never know who did it.
2. No more frustrating shopping for gifts because checks, cash or gift cards aren't only socially acceptable, but recipients prefer them.
3. Helping you with your computer makes your grandchildren feel important and needed.
4. You can wear comfortable shoes, and no one notices or even cares.

I'm not getting  
older,  
I'm just becoming a  
classic.

## Our sincere thanks to -

- ◆ The gracious and loving folks of Holy Cross Catholic Church for their continued love and support!
- ◆ Beta Sigma Phi Sorority for the homemade goodies and Christmas cards.
- ◆ Vero Beach Lion's Club for the Walmart gift cards and candies.
- ◆ St. Helen's Youth Group and Convent Church Home Schoolers for sharing the joy of Christmas carols.
- ◆ Jody Hill for heading up the dinner on Christmas day for the SFM residents.

We are so very blessed at St. Francis Manor to have such generous and kind people sharing the joy of the Christmas season.




Saint Francis Manor  
1750 20th Avenue  
Vero Beach, FL 32960



# January 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>January is National Soup Month - join us on Mon. - Jan. 18th at 11:30</b>				1 Office Closed  HAPPY NEW YEAR!	2
3  Communion 6:15	4 Letha-9:00 Exercise-10 Bible Study- 1:30	5	6	7 Walmart-9:00	8 Exercise-10:00 Ladies Lunch Bunch-12:30	9 Computer Class 10:00
10 Dinner Out - 4:00 Communion - 6:15	11 Letha-9:00 Exercise-10:00 VNA-11:00 Bible Study-1:30 Dinner-6:00 Bingo-7:00	12 Epic Missions Visitation - 1:30 to 4:30	13 Mederi & Consulate Monthly Trivia - 10:00	14 Publix-9:00	15 Exercise-10:00	16 Computer Class 10:00
17  Communion 6:15	18 Letha-9:00 Exercise-10:00 Soup Lunch- 11:30 Bible Study-1:30	19 Deacon Dave 10:30	20	21 Walmart-9:00 Podiatrist-9:30	22 Exercise-10:00	23 Computer Class 10:00
24  Communion 6:15	25 Letha-9:00 Exercise-10:00 VNA-11:00 Bible Study-1:30 Dinner-6:00 Bingo-7:00	26	27 On-Site Dermatology 11:30	28 Publix-9:00	29 Exercise-10:00	30 Computer Class 10:00
31  Communion 6:15						