



Jan 2018

**St. Francis Manor**

1750 20<sup>th</sup> Avenue

Vero Beach, FL 32960

SFM is a 501 (C) 3 - Not for Profit, Private Corporation

**Executive Director:**

Linda Scott

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*St. Francis Manor*  
of Vero Beach

for the  
"NEW"  
Times  
of your life!

**A Very Merry Christmas at SFM!**



HO  
HO  
HO



"We will open the book. Its pages are blank.

We are going to put words on them ourselves.

The book is called **Opportunity** and its first chapter is **New Year's Day!**"

*Edith Lovejoy Pierce*



"Cheers to a new year and another chance for us to get it right."

*Oprah Winfrey*



## A Line from Linda

A Happy & Blessed New Year to you all!



The NEW YEAR - what a great time to make changes, start something new, and/or give something up which may be unhealthy for our mind or body. A couple of things in particular that I will be working on (again) in 2018 are tolerance and patience. Tolerance, as defined in the Webster dictionary, means *a sympathy or indulgence for beliefs or practices differing from or conflicting with one's own* AND Patience, as defined in the Webster dictionary, *bearing pains or trials calmly or without complaint.*

I particularly like the quote by George Washington Carver - "How far you go in life depends on you being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak; because someday in life you will have been all of these."

So for 2018, why don't we all work on being a little more patient and tolerant of one another!

Blessings for a happy and healthy new year!

Linda



P.S. Don't forget apartment inspections in February!

### Celebration of Life

Please join us in the SFM Social Hall on Sunday, January 7th at 1:00 to celebrate the life of Queenie Foster.



## January Birthdays:

Arye Brozowski	E5	Jan 8th
Elyne Strauss	B4	Jan 15th
Janet Jacobson	C10	Jan 16th
Rick Allen	H9	Jan 23rd
Donald McGregor	H10	Jan 23rd
Jacqueline Warrior	B5	Jan 23rd
Margaret Davis	D8	Jan 28th
Carl Regner	E10	Jan 29th
Dewey Davis	F12	Jan 30th
Eileen Barnum	E3	Jan 30th
Board Members -		
Betty Rollins		Jan 13th
Louis Schacht		Jan 31st
Volunteers -		
Dorothy Buckley		Jan 12th
Beverly Tyson		Jan 23rd

*Happy Birthday to you!*



THANK YOU to the following people and organizations for making Christmas extra special for our residents!

- ◆ Holy Cross Catholic Church
- ◆ Beta Sigma Phi Sorority
- ◆ St. Helen's Youth Group
- ◆ St. Helen's 2nd Grade Class
- ◆ Ladies of St. Augustine Episcopal Church
- ◆ Vero Beach Lions Club
- ◆ Girl Scout Troop 51006
- ◆ Santa a.k.a George Blythe
- ◆ Italian Kitchen
- ◆ Beachland Elementary 4th Graders
- ◆ Cypress Trust



# The Manor Bulletin Board

January Dinner Out  
 Sunday-January 7th @  
 4:00  
 T.G.I. Fridays



Vero Beach Rhythm Band & Chorus  
 Friday - January 12th - 10:00  
 Broadway Show Tunes!  
 Refreshments will be served.



Epic Missions Groups will be here on the following days:  
 Monday - January 1st  
 9:30 to 11:30  
 Monday - January 8th  
 9:30 to 11:30  
 Wednesday - January 10th  
 1:30 to 3:00



January & February  
 Birthday Dinner  
 Thursday, February 1st  
 at 5:30



## BINGO

Mondays - January 8th & 22nd  
 Dinner - 5:30  
 Bingo - 6:00

B	I	N	G	O
12	18	41	47	61
7	26	39	54	70
4	27	31	49	63
5	23	35	58	73
3	30	32	52	75

Praying the  
 Rosary  
 Tuesdays at  
 10:30



VNA Blood  
 Pressure  
 Screening  
 Monday -  
 Jan. 8th @ 11:00



Catholic Services  
 Sunday Mornings  
 at 10:15



Deacon Joe  
 Tuesday  
 Jan. 16th  
 10:30



The Donna and Betty Show  
 Wednesday - January 17th  
 @ 10:00  
 Come join us for some  
 trivia fun!



Saturday  
 Morning  
 Breakfast  
 January 27th  
 @ 9:00



followed by entertainment  
 by the Vista Vocals at  
 10:00

Grocery  
 Shopping every  
 Thursday at  
 9:00!  
 Walmart and Publix are  
 alternated each week.



Bible Study  
 Mondays  
 1:30



## Board of Directors

Anthony Dzielski, President  
772-766-0415

Tem Fontaine, VP  
772-538-4324

Louis Schacht, Treasurer  
772-559-3978

Karolyne Lucero, Secretary  
772-205-9349

Linda Colontrelle  
772-473-0288

Maria Elena Kitchell  
772-205-0938

Sharon Knowles  
772-360-5076

Gladys LaForge  
772-713-4280

Theo Perry  
772-643-2598

Betty Rollins  
772-562-7578

Susan Simmens  
772-532-6338

Larry Thompson  
772-567-4266

Bill Zorc  
772-713-0607



For more information about  
the Manor -

**Contact. . .**

Linda W. Scott

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***"Providing affordable,  
independent  
living to senior citizens  
on a limited  
income in an  
attractive, safe, and  
socially supportive  
environment."***

## Volunteer of the Month - Betty Hedrick - A4

Several months ago when we found ourselves without someone to head up the bingo dinners twice a month, Betty volunteered to take it on! With the help of her "crew", Betty organizes, plans and delivers a delectable dinner for our resident bingo players.

Thank you, Betty, for assuming this role and keeping the dinners a regular bi-monthly occurrence!



## You've reached the age when:

- ◆ You feel more at home in antique shops than in electronic stores.
- ◆ You've bought a loaf of bread, a box of cereal, and a bag of marshmallows, and the bagger asks if you need help putting it in your car!
- ◆ Your grandson earnestly asks you which of Jesus' disciples you used to hang around with.
- ◆ You ask to speak to the manager, and you find yourself complaining to someone no older than your last grandchild.
- ◆ You find yourself explaining to your friends what medications you're on and whether or not these medications are to be taken with food..
- ◆ You and your teeth sleep separately!



## Saint Francis Manor

1750 20th Avenue  
Vero Beach, FL 32960  
772 562-8575



# January 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Epic Missions 9:30 to 11:30  	2 Rosary-10:30	3	4 Walmart-9:00  Hall Closed 1-3	5	6
7 Catholic Service-10:15 Queenie's Celebration of Life-1:00 Dinner Out 4:00	8 Epic Missions 9:30-11:30 VNA-11:00 Bible Study- 1:30  Dinner-5:30 Bingo-6:30	9 Rosary-10:30	10 Epic Missions 1:30 - 3:00	11 Publix-9:00  Hall Closed 1-3	12 Vero Beach Rhythm Band & Chorus-10	13
14 Catholic Service-10:15	15	16 Deacon Joe 10:30 followed by the Rosary  Town Hall Meeting-4:30	17 Donna & Betty Trivia-10:00	18 Walmart-9:00  Hall Closed 1-3	19	20
21 Catholic Service-10:15	22 Bible Study- 1:30  Dinner-5:30 Bingo-6:30	23 Rosary-10:30	24	25 Publix-9:00  Hall Closed 1-3	26	27 Breakfast-9:00 Vista Vocals 10:00  
28 Catholic Service-10:15	29	30 Rosary-10:30	31	February 1st  January & February Birthday Dinner-5:30		Apartment Inspections coming in February!  