

July 2016

St. Francis Manor 1750 20th Avenue Vero Beach, FL 32960 For 41 years - a 501 (C) 3 -Not for Profit, Private Corporation Executive Director:

Linda Scott (772) 913-1545

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"True independence & freedom can only exist in doing what is right!"

Brigham Young

"May we think of freedom not as the right to do as we please, but as the opportunity to do what is right." Peter Marshall

"Where liberty dwells, there is my country." Benjamin Franklin



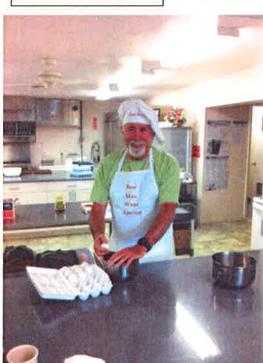


for the
"NEW"
Times
of your life!

Celebrating Fathers!



Chef Wyatte cookin' up some eggs!







Our 50/50 winner, Carol Briggs! Look out behind you, Carol!

A Line from Linda

Happy Independence Day!

Independence Day of the United States, also referred to as the 4th of July, is a federal holiday commemorating the adoption of the Declaration of Independence on July 4, 1776, by the Continental Congress declaring that the thirteen American colonies regarded themselves as a new nation, the United States of America, and no longer part of the British Empire. Independence Day is commonly associated with fireworks, parades, barbecues, fairs, picnics, concerts, political speeches and ceremonies, in addition to various other public and private events celebrating the history, government and traditions of the United States.



Independence Day is the National Day of the United States.

The Declaration of Independence has become a well-known statement on human rights, particularly its second sentence:

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty and the pursuit of Happiness." This has been called "one of the best-known sentences in the English language", containing "the most potent and consequential words in American history."

God Bless America, Linda



STOP

NOTICE

The staff of SFM works diligently to make SFM a clean, safe, place to reside!

Items placed in the "construction debris" pile at the N.E. end of the property are placed there for a reason!

PLEASE DO NOT REMOVE ITEMS

and put them in your apartment!



Welcome to the neighborhood!

Ken & Venice Powell Tex Weber Patrick Kilmartin Arlyne Brozowski C-4 C-3 C-8 E-5

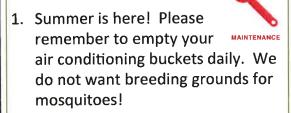


July Birthdays -

| A9 | 7/13 |
|-----|-----------------------------------|
| C7 | 7/19 |
| G10 | 7/21 |
| D3 | 7/22 |
| Н6 | 7/22 |
| B2 | 7/27 |
| B5 | 7/29 |
| F11 | 7/29 |
| | C7 G10 D3 H6 B2 B5 |



Maintenance Matters -



- 2. In June, we had the plumbers here several times to clean out the drain pipes! Paper towels and wet wipes were found in the pipes! This is a NO-NO!
- 3. Maintenance Hours 7:00 to 3:00 If you have a maintenance issue, please call the office!

Sadly, we lost three residents in the month of June!

| Bill Dotter | E5 | 6/2 |
|---------------|-----|-----|
| Rocky McClain | F10 | 6/4 |
| Otto Stout | A7 | 6/7 |

May they rest in peace.





The Manor Bulletin Board



Come join the FUN! CHAIR **ZUMBA** classes Friday afternoons at 1:30.



VNA Flu Shot Clinic Tues. - Sept. 20th

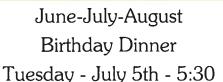
9:00 to 10:00



Monthly **Dinner Out** Sunday -July 3rd @ Eagles Nest Bus leaves at 4:00



Catholic Communion Service Sunday mornings at 10:15.

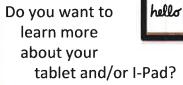




NOTICE!!

Our hairdresser, Letha, will be coming twice a month instead of every Monday! Please check your calendars for dates.

NOTICF



The last two classes (Wifi Everywhere and Fun with Maps & More) will be held on July 6th and July 13th.

Bible Study MONDAYS at 1:30



Everyone Welcome!

Catholic Service Tuesday - July 19th @ 10:30



Mondays

Dinner at 6:00 Bingo at 7:00

July 11th & 25th

VNA Blood Pressure Screening Mondays - July 11th & 25th @ 11:00

Mederi Caretenders & Consulate Healthcare monthly trivia & refreshments -Wednesday - July 20th @ 10:00

SFM Lunch Bunch **Red Lobster**

Friday - July 8th -12:30



Crafts & **Fellowship** Tuesdays @ 1:00 in the social hall!





Board of Directors

Anthony Dzielski, President 772-766-0415

Tem Fontaine, VP 772-538-4324

Karolyne Lucero, Secretary 772-205-9349

Linda Colontrelle 772-473-0288

Maria Elena Kitchell 772-205-0938

> Betty Rollins 772-562-7578

Louis Schacht, 772-559-3978

Larry Thompson 772-567-4266

Bill Zorc 772-713-0607

Frank Zorc

For more information about the Manor - Contact...
Linda W. Scott
Stfrancismanor@aol.com
772-562-8575



"Providing affordable, independent living to senior citizens on a limited income in an attractive, safe, and socially supportive environment."

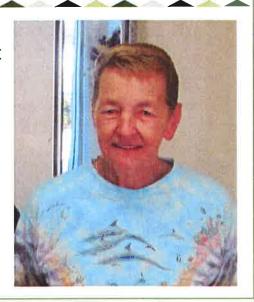
You know you are living in Florida when:

- You discover that in July, it takes only two fingers to drive your car.
- You can say 110 degrees without fainting.
- You can make sun tea instantly.
- You learn that a seatbelt makes a pretty good branding iron.
- You notice that the best parking place is determined by shade instead of distance.
- Hotter water comes from the cold water tap than the hot one.
- You can actually burn your hand opening the car door.
- Hot air balloons can't go up.
- You realize that asphalt has a liquid state.

So long & farewell to our friend, Jody Hill, who has moved to the west coast to be closer to family. Jody was an exemplary volunteer, a great SFM resident and a good neighbor to all!



We wish Jody good health and happiness!
She will be deeply missed.



Saint Francis Manor 1750 20th Avenue Vero Beach, FL 32960



July 2016



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|------------------------------------|-----|
| | | | | | 1 Zumba-1:30 | 2 |
| Communion 10:15 Dinner Out- 4:00 | 4 Office Closed | 5 Crafts-1:00 June/July/ Aug Birthday Dinner-5:30 | 6 Tablet Class- 1:30 | 7 Walmart- 9:00 Hall Cleaned -1 to 3 | 8 SFM Lunch Bunch-12:30 Zumba-1:30 | 9 |
| 10 Communion 10:15 | 11 Letha-9 VNA-11:00 Bible Study- 1:30 Dinner-6:00 Bingo-7:00 | 12 Crafts-1:00 | Tablet Class- 1:30 | 14 Publix 9:00 Hall Cleaned -1 to 3 | 15 Zumba-1:30 | 16 |
| 17 Communion 10:15 | Bible Study- 1:30 | 19 Deacon Dave-10:30 Crafts-1:00 | 20 Mederi Caretenders & Consulate Trivia & Refreshments - 10:00 | 21 Walmart- 9:00 Hall Cleaned -1 to 3 | 22 Zumba-1:30 | 23 |
| 24 Communion 10:15 | 25 Letha-9 VNA-11:00 Bible Study- 1:30 Dinner-6:00 Bingo-7:00 | 26 Crafts-1:00 | 27 | 28 Publix 9:00 Hall Cleaned -1 to 3 | 29 Zumba-1:30 | 30 |
| 31 Communion 10:15 | | | Social Activities in red | | | |