



Mar 2018

**St. Francis Manor**

1750 20<sup>th</sup> Avenue  
Vero Beach, FL 32960  
SFM is a 501 (C) 3 - Not for Profit, Private Corporation

**Executive Director:**

Linda Scott  
(772) 913-1545

**Office:**

(772) 562-8575

**Emergency:**

911 police, fire & medical

**Non-Emergency Police:**

978-4600

**E-Mail:**

stfrancismanor@aol.com

**Web Site:**

stfrancismanor.org

**Facebook:**

stfrancismanor

*Irish Toasts & Blessings*

"To all the days here and after - may they be filled with fond memories, happiness, and laughter."



"May your day be touched with a bit of Irish Luck brightened by a song in your heart and warmed with smiles by the people you LOVE!"



"May your troubles be less & your blessings be more and nothing but happiness come through your door."



*St. Francis Manor*  
of Vero Beach

"Affordable, independent apartments for seniors in an attractive, safe & social environment."

**Valentine's Day Visit -**



On Valentine's Day, SFM residents were given a special treat from the 4th graders from St. Anastasia Catholic School - songs were sung and each resident received a home made Valentine!



## A Line from Linda

### Greetings!

March is a big month for me! Not only do I hit the magic number of 66, I also celebrate my 16th anniversary at SFM!

WOW - I was only 50 when I moved back to Vero and assumed this role and I was the young kid on the block! Not so anymore!



It has been an honor and a privilege to be the Director at SFM and I am very proud of all that we have accomplished in my 16 years! As the old television commercial once stated - "We've come a long way baby!"

Rumor has it that I am retiring! I am BUT not quite yet (sorry to disappoint some of you!) I'm afraid you are stuck with me for at least another year!

*Linda*



## March Birthdays:

Betty Thornton	A5	3/5
Ray Victory	B1	3/8
Venice Powell	H2	3/14
William Hunt	F10	3/15
Al Parkhurst	D9	3/16
Joan Tanchala	A2	3/20
Hector Aperlo	B6	3/21
Erma Harper	A3	3/26
Jean Harris	H4	3/26
Barbara Smith	B11	3/27

### Board Members:

Anthony Dzielski	3/21
Sharon Knowles	3/27

### Staff:

Linda Scott	3/17
Katie Kowanic	3/23



### \*\*NOTICE\*\*



We have several new residents who would like to find other residents to



play games - such as dominoes, canasta, pinochle, etc. If are interested, please check the sign up sheet in the hall.

### Wanting to learn more about your family history?

The Indian River Genealogical Society is a great place to start. Monthly meetings are held at the IRC Main Library on the 2nd Tuesday of the month.



For more information, call Deborah Garber @ 772-492-9971 or visit the library.

## SAVE THE DATE!

### SFM ANNUAL FUNDRAISER



All American Country  
BBQ Bash  
Saturday - April 28th  
5:00 to 8:00 p.m.

Tickets - \$25 (adults)



SFM  
Residents -  
\$10



# The Manor Bulletin Board

**THEY'RE BACK!**  
**Smoky Mountain**  
**Gospel Band!**

Wed.  
 March  
 14th  
 6:30



Deacon Joe  
 Tuesday  
 Mar. 20th  
 10:30



**Holy Cross Easter Party**  
 Monday - Mar. 19th - 6:00

Dust off the Easter Bonnets and come ready to have a delightful evening!

Prizes for the finest bonnets!



Catholic Services  
 Sunday Mornings  
 at 10:15



Praying the Rosary  
 Tuesdays @  
 10:30



**BINGO**

Mondays - Mar. 12th & 26th  
 Dinner - 5:30  
 Bingo - 6:30

Due to the popularity of our bingo dinners, we now have a sign up sheet for bingo dinners - please be sure to sign up!

Bible Study - Mondays  
 1:30



Dr. Serrano,  
 the Podiatrist  
 Friday - March  
 23rd @ 9:00

The Donna and Betty Show  
 Wednesday - Mar. 21st  
 @ 10:00



Come join us  
 for some  
 trivia fun!



Vero Beach Rhythm  
 Band & Chorus  
 Friday - March 23rd -  
 10:00



VNA Blood Pressure Screening  
 Monday -  
 March 12th @ 11:00



Epic Missions  
 Wednesday -  
 March 7th  
 1:30 to 3:00  
 Resident Visitation

March Dinner Out  
 Sean Ryan's Irish Pub  
 Sunday - March 4th - 4:00



## Board of Directors 2018

Linda Colontrelle, President  
772-473-0288

Tem Fontaine, VP  
772-538-4324

Theo Perry, Treasurer  
772-643-2598

Sharon Knowles, Secretary  
772-360-5076

Anthony Dzielski  
772-766-0415

Maria Elena Kitchell  
772-205-0938

Gladys LaForge  
772-713-4280

Betty Rollins  
772-562-7578

Susan Simmens  
772-532-6338

Larry Thompson  
772-567-4266

Bill Zorc  
Honorary Member  
772-713-0607

Louis Schacht  
Honorary Member  
772-559-3978

For more information about  
the Manor -  
**Contact. . .**  
Linda W. Scott  
Stfrancismanor@aol.com  
772-562-8575



*"Providing affordable,  
independent  
living to senior citizens  
on a limited  
income in an  
attractive, safe, and  
socially supportive  
environment."*

## Volunteer of the Month - Barbara Rust - B7

Over two years ago, Barbara became part of the SFM family and has been involved ever since! Although on the quiet side, Barbara is not bashful when calling bingo or running the kitchen for the annual SFM bazaar!



**Irish-American Heritage Month** is celebrated by proclamation of the President and Congress in the United States to honor the achievements and contributions of Irish immigrants and their descendants living in the United States. It was first celebrated in 1991. The heritage month is in March to coincide with Saint Patrick's Day, the Irish national holiday on March 17. Heritage Months are usually proclaimed by nations to celebrate centuries of contributions by a group to a country.

Saint Patrick's Day is a Roman Catholic religious holiday that honors the saint, who introduced Christianity to Ireland in the early fifth century. It has developed in the United States as a celebration of all things Irish. With large ethnic Irish populations, Boston and New York City both claim the world's first Saint Patrick's Day parade, while Philadelphia claims to be the second oldest behind New York City. In New York City, it occurred on March 17, 1762, featuring Irish soldiers serving in the British military protecting the Colonies during the French and Indian War. In 1948, President Harry S. Truman, of Scottish descent, attended the New York Saint Patrick's Day parade and gave a speech to attendees. This was a proud moment for the many Irish whose ancestors had to fight stereotypes and prejudice to find acceptance in the United States. In 1960 John F. Kennedy was elected as the first Irish American Catholic President; in 1961 he was in New York to review the Saint Patrick's Day Parade. In tribute to all Irish Americans, the US Congress, by Public Law 101-418, designated March 1991 as "Irish-American Heritage Month" Congress again proclaimed March as Irish-American Heritage Month for 1995 and 1996. Within the authority of the Executive Branch, the President of the United States has also issued a proclamation each year since 1991.



## Saint Francis Manor

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# March 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
March is: <ul style="list-style-type: none"> <li>Irish-American Month</li> <li>Music Involvement</li> </ul>	<ul style="list-style-type: none"> <li>National Women's History Month</li> <li>Spiritual Wellness Month</li> </ul>			1 Walmart-9:00  G & H Building Inspections	2 Jazz under the Moon - SFM Fundraiser	3 Growing Healthy Kids Rotary Project
4 Catholic Service-10:15  Dinner Out - 4:00	5 Bible Study 1:30	6 Rosary-10:30  Crafts-1:00	7 Epic Missions 1:30 to 3:00 Visiting Residents  	8 Publix-9:00	9	10 Growing Healthy Kids Rotary Project
11 Catholic Service-10:15  	12 VNA - 11:00  Bible Study-1:30  Dinner - 5:30 Bingo - 6:30	13 Rosary-10:30  Crafts-1:00	14  Smoky Mountain Gospel Band 6:30	15 Walmart-9:00	16	17 Growing Healthy Kids Rotary Project  
18 Catholic Service-10:15	19 Bible Study 1:30  Holy Cross Easter Party-6	20 <b>Spring</b> Deacon Joe-10 Rosary-10:30 Crafts-1:00	21 The Donna & Betty Show-10	22 Publix-9:00	23 Podiatrist 9:00  VB Rhythm Band and Chorus - 10:00	24
25  Catholic Service-10:15  April 1st Easter Sunday	26 Bible Study-1:30  Dinner - 5:30 Bingo - 6:30	27 Rosary-10:30  Crafts-1:00	28	29 Walmart-9:00 Opening Day of Major League Baseball!  	30  Good Friday 	31 Growing Healthy Kids Rotary Project