



Sept 2018

St. Francis Manor

1750 20th Avenue
Vero Beach, FL 32960
SFM is a 501 (C) 3 - Not for Profit, Private Corporation

Executive Director:

Linda Scott
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Non-Emergency Police:

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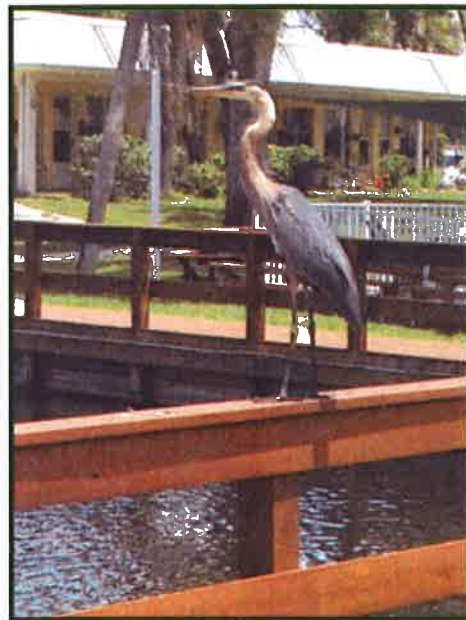
Facebook:

stfrancismanor



"Affordable, independent apartments for seniors in an attractive, safe & socially supportive environment."

What a Wonderful World!



"Grandparents can see what's invisible to the eye, because they look with their hearts."



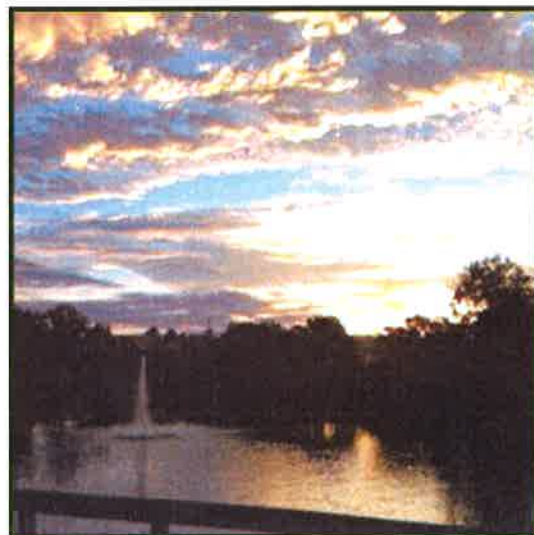
"Grandchildren are the reward you get for not strangling your teenagers."



Grandparents aren't old - They've just been having fun longer!



Blessed to be at St. Francis Manor!



A Line from Linda

Greetings!

Over the years, I have read the books - "Random Acts of Kindness" and was always inspired by the niceties that people do for others with total anonymity! They don't want any recognition or any thanks, it just lightens their hearts to do for others - things as simple as:



1. Dropping a happiness note in someone's mailbox
2. Leaving a plant or flower at their door
3. Delivering some fresh baked goodies
4. Telling someone how nice they look
5. Paying for someone's coffee or drink
6. Giving an encouraging word

The list can go on and on. It doesn't cost a cent to be kind or to say a kind word to someone. You will be amazed at how much better you will feel!

"Those who bring sunshine to the lives of others cannot keep it from themselves."

Blessings,
Linda



September Birthdays

Bonny Browne	D1	Sept 2nd
Stryl Triplett	C2	Sept 10th
Wyatte Crowe	D10	Sept 15th
Dolores Hernandez	H3	Sept 15th
Mark Cooper	I5	Sept 16th
Laura Cooney	E2	Sept 19th
Gene Brustowicz	I4	Sept 22nd
Arthur Collins	F7	Sept 24th
Nina LaBelle	C5	Sept 27th
Janet Zabkiewicz	E1	Sept 27th
Vito Adamo	D4	Sept 28th
Staff:		
Lugene (Speedy) Cobb		Sept 10th



St. Vincent de Paul Society Utility Assistance Schedule

Tues. Sept. 18th 1:00
Tues. Oct. 16th 1:00



The sign up sheet will be posted a week prior to the date of assistance. Be sure to bring your unpaid electric bill along with your identification.

For our new residents, all SFM residents are eligible to apply for assistance ONE time per summer. They can only accommodate 12 to 15 people each time so if you miss one, you will be able to sign up for the next one.

Maintenance Matters:

1. Grease and/or cooking oil is NEVER to be put down the drains or flushed down the toilet! We had plumbers here twice in the past month due to clogged pipes and the cause was GREASE!



2. Just a reminder - if you smoke in your apartment, you could be looking for another place to live!



The Manor Bulletin Board



BINGO'S BACK!

Mondays

Sept. 10th & 24th

Dinner @ 5:30

Bingo @ 6:30

August & September
Birthday Party
Thursday - Sept. 6th - 5:30

Come join us in celebrating
our August & September
Birthdays!



NEW TIME!

VNA Blood
Pressure Screening
and Blood Sugar
Screening - Monday -
Sept 10th @ 9:00

(Be sure to fast for
the blood
sugar
screening!)



Praying the
Rosary
Tuesdays @
10:30



SFM PRAYER GROUP

Monday Mornings at
10:00 in the
conference
room.



Vero Beach Rhythm
Band and Chorus

Friday - Sept. 28th

10:00



Bible Study
Mondays @ 1:30



Fall
Bazaar

SAVE THE DATE
SFM Annual Bazaar

Saturday - Nov. 3rd
8:00 to noon

Volunteers Needed
Organizational Meeting
Tuesday - Sept. 11th - 2:00

Crafts are Back!
Tuesdays
@ 1:00



Deacon Joe
Tuesday
Sept 18th
10:30



Nurse-on-Call
Trivia

Wednesday - Sept. 19th
@ 10:00

Come join us for some
trivia or bingo fun!

TRIVIA



Friday - Sept. 14th
8:30 to 9:30

Sign up to get your flu shot!

Catholic Services
Sunday
Mornings
at 10:00



Board of Directors 2018

Linda Colontrelle, President
772-473-0288

Tem Fontaine, VP
772-538-4324

Theo Perry, Treasurer
772-643-2598

Sharon Knowles, Secretary
772-360-5076

Anthony Dzielski
772-766-0415

Maria Elena Kitchell
772-205-0938

Gladys LaForge
772-713-4280

Betty Rollins
772-562-7578

Susan Simmens
772-532-6338

Larry Thompson
772-567-4266

Bill Zorc
Honorary Member
772-713-0607

Louis Schacht
Honorary Member
772-559-3978

For more information about
the Manor -

Contact. . .

Linda W. Scott

Stfrancismanor@aol.com

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*"Providing affordable,
independent
living to senior citizens
on a limited
income in an
attractive, safe, and
socially supportive
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Volunteer of the Month - Otilia (Tillie) Beebee - F2

Sweet Tillie has made SFM her home since October 2001. For many of those 17 years, you could find Tillie every Friday serving lunches to our residents.

Tillie has also been involved with the craft group on Tuesdays, the annual SFM Bazaar, the BBQ Bash and is a great envelope stuffer for our annual mass mailing.

Due to health reasons, Tillie will be slowing down a bit and will no longer be helping in the kitchen but I'm sure we will see her helping wherever and whenever she can!

Thank you, Tillie, for your many years of service to SFM!

Nine Reasons to Smile!

1. Wrinkled was not one of the things I wanted to be when I grew up!
2. I don't suffer from insanity; I enjoy every minute of it!
3. Some people are alive only because it's illegal to kill them!
4. I used to have a handle on life, but it broke!
5. Don't take life too seriously; no one gets out alive!
6. I'm not a complete idiot; some parts are just missing.
7. The gene pool could use a little chlorine!
8. Being "over the hill" is much better than being under it!
9. He who dies with the most toys is nonetheless DEAD!



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NOTICE!

We now have a Notary on site!
Need something notarized?
Come see Katie!



In honor of National Watermelon Day
(August 3rd) and National Banana Split
Day (August 10th,) SFM residents were
treated to some tasty watermelon and
a delicious banana split!





September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Being a grandparent makes every day special! 					1
2 Catholic Service 10:00	3  Office Closed	4 Rosary - 10:30 Crafts-1:00	5	6 Publix-9:00 Hall Closed 1-3 Birthday Dinner 5:30	7	8
9 Catholic Service-10:00 	10 VNA-9:00 Prayer Group-10 Bible Study-1:30 Dinner-5:30 Bingo-6:30	11 Rosary-10:30 Crafts-1:00 Bazaar Meeting - 2:00	12	13 Walmart-9:00 Hall Closed 1-3	14 VNA Shoo the Flu Clinic 8:30 to 9:30 	15
16 Catholic Service 10:00	17 Prayer Group- 10:00 Bible Study 1:30	18 Deacon Joe -10:30 Rosary-10:30 St. Vincent de Paul - 1:00 Crafts-1:00	19 Nurse on Call Trivia or Bingo- 10:00	20 Publix-9:00 Hall Closed 1-3	21	22 Autumn Begins 
23 Catholic Service 10:00	24 Prayer Group-10:00 Bible Study- 1:30 Dinner-5:30 Bingo-6:30	25 Rosary-10:30 Crafts-1:00	26	27 Walmart-9:00 Hall Closed 1-3	28 Vero Beach Rhythm Band and Chorus 10:00 	29 National Coffee Day! 
30 Catholic Service 10:00			Grandparents make the world A little softer, A little kinder, A little warmer! 		Social Activities in Red	